

## Classic Dishes

Dish Style	Mixed Vegetables	Chicken/ Lamb	Chicken/ Lamb Tikka	Prawn	King Prawn
<b>Curries</b> Medium spice	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Madras</b> Hot	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Vindaloo</b> Very hot	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Korma</b> Very mild, creamy with coconut	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Bhuna</b> Medium spiced with diced onions in a thick sauce	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Dupiaza</b> Medium spiced with sliced onions	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Rogan</b> Bhuna style dish with a layer of spiced fried tomatoes	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Jalfrezi</b> Hot dish with sliced onions, green peppers and green chillies	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Kashmir</b> Mild sauce with fruits	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Sag</b> Medium spiced with spinach and herbs	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Garlic</b> Bhuna style dish with fresh herbs and extra garlic	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Bagun</b> Medium spiced dish with aubergines	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Achari</b> Medium spiced in a sweet and sour tamarind sauce	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Karanga</b> Mildly spiced curry with sliced mangos	£7.45	£8.95	£9.95	£9.95	£12.95
<b>Malaya</b> Mildly spiced curry with pineapple	£7.45	£8.95	£9.95	£9.95	£12.95

## Rice

Boiled Rice	£3.95	Vegetable Rice	£4.95
Pilau Rice	£3.95	Keema Rice <small>Minced lamb</small>	£4.95
Chilli Rice	£4.95	Mushroom Rice	£4.95
Coconut Rice	£4.95	Egg Rice	£4.95
Lemon Rice	£4.95	Kashmir Rice <small>Fruit</small>	£4.95

## Side Dishes

<b>Vegetable Curry</b> Mixed vegetables in a medium curry	£4.95	<b>Dry Aloo Ponir</b> Potatoes, cheese & cream	£4.95
<b>Mushroom Bhaji</b> Lightly spiced fried mushrooms	£4.95	<b>Sag Ponir</b> Spinach, cheese & cream	£4.95
<b>Gobi Bhaji</b> Lightly spiced cauliflower	£4.95	<b>Peas Ponir</b> Peas, cheese & cream	£4.95
<b>Brinjal Bhaji</b> Aubergine	£4.95	<b>Chana Masala</b> Spiced chickpeas	£4.95
<b>Aloo Gobi</b> Cauliflower & potatoes	£4.95	<b>Sag Dall</b> Spinach & lentils	£4.95
<b>Bindi Bhaji</b> Okra	£4.95	<b>Tarka Dall</b> Lentils & fried garlic	£4.95
<b>Bombay Aloo</b> Potatoes	£4.95	<b>Dall Masala</b> Spiced lentils	£4.95
<b>Sag Aloo</b> Spinach & potatoes	£4.95	<b>Tiger Chilli Dall</b> Lentils cooked with black chillies	£5.95
<b>Sag Bhaji</b> Spinach	£4.95	<b>Mushroom Sag</b> Mushrooms & spinach	£4.95

## Sundries

Nan	£3.95	Paratha Fried bread	£4.45
Peshwari Nan	£4.45	Stuffed Paratha	£4.95
Keema Nan	£4.45	<small>Fried bread with vegetables</small>	
Garlic Nan	£4.45	Chapati	£2.95
Vegetable Nan	£4.45	Puri Deep <small>Fried chapati</small>	£2.95
Cheese Nan	£4.45	Papadums <small>Plain or spiced</small>	£0.95
Chilli Nan	£4.45	Chutney & Pickles	£0.95
Chilli & Garlic Nan	£4.45	Cucumber or Onion Raitha	£1.20
Cheese & Garlic Nan	£4.45	Chips	£3.45
Tandoori Roti	£2.95	Cheesy Chips	£3.95

### Tuesday Special

Four Course Set Meal (Dine in Only)

**Any Starter | Any Main Course\*** (excluding Bengal Tiger Special)

**Any Side Dish | Naan or Rice**

**£11.95 per person**

### Sunday Buffet

12:30pm – 10:00pm (Dine in Only)

**Eat as much as you like from a wide selection of dishes\*** (excluding Bengal Tiger Special)

**£11.95 per person**

\*£2 extra for king prawn dishes. \*\*Free delivery on orders over £15.  
Management reserve the right to refuse service. Design & Print ZyxMedia: 07742232468

# Bengal Tiger

RESTAURANT | TAKEAWAY

**50% OFF**  
ALL TAKEAWAYS\*

**FREE HOME DELIVERY\*\***

Orders & Reservations

**01621 857703 | 01621 855766**

#### Opening Hours

Tuesday – Thursday 5:30pm – 10:00pm  
Friday & Saturday 5:30pm – 10:30pm | Sunday 1:00pm – 10:00pm  
We are closed on Mondays

4 The Square, Heybridge, Maldon CM9 4LT  
bengaltigerheybridge.com

# Starter

Salad and mint sauce is served with all tandoori dishes

<b>Mixed Starter</b>	<b>£6.95</b>	<b>Onion Bhajee</b>	<b>£4.95</b>
Chicken tikka, samosa, onion bhajee and prawn butterfly			
<b>Chicken or Lamb Tikka</b>	<b>£4.95</b>	<b>Meat or Vegetable Samosa</b>	<b>£4.95</b>
Marinated chicken or lamb cooked in a clay oven			
<b>Honey Chicken Tikka</b>	<b>£4.95</b>	<b>Tiger Samosa</b>	<b>£4.95</b>
Chicken marinated with spices and added honey then cooked in a clay oven			
<b>Salmon Tikka</b>	<b>£6.95</b>	<b>Chicken &amp; Cheese Lafafa</b>	<b>£5.95</b>
Marinated chunks of salmon cooked in a clay oven			
<b>Sheek or Shami Kebab</b>	<b>£4.95</b>	<b>Chat Puri</b>	
Minced lamb marinated with a blend of spices and herbs. Sheek kebab is cooked over a flame, shamee kebab is fried in ghee			
<b>Reshmi Kebab</b>	<b>£5.95</b>	<b>Chana (Chick Peas)   Aloo (Potato)</b>	<b>£4.95</b>
Minced lamb marinated with spices and herbs wrapped in an omelette			
<b>Achari Chicken Tikka</b>	<b>£4.95</b>	<b>Chicken   Fish   Prawn</b>	<b>£5.95</b>
Chicken tikka pieces with a drizzle of our very own tamarind sauce. Sweet and sour taste			
<b>Chicken Tikka Pakora</b>	<b>£5.95</b>	<b>King Prawn</b>	<b>£6.95</b>
Chicken tikka marinated with spices and herbs coated with batter and deep fried			
<b>Garlic Mushroom Delight</b>	<b>£5.95</b>	<b>Tandoori King Prawns</b>	<b>£6.95</b>
Fresh button mushrooms cooked in garlic			
<b>Stuffed Pepper Delight</b>	<b>£5.95</b>	<b>King Prawn Suka</b>	<b>£6.95</b>
Capsicum stuffed with spiced minced lamb			
		<b>King Prawn Butterly</b>	<b>£6.95</b>
		Whole king prawn lightly spiced, coated with bread crumbs then fried	

# Tandoori Specials

These dishes are marinated for 24 hours in our chef's own recipe of herbs, spices and yoghurt then cooked in a tandoori clay oven and served with salad

<b>Tandoori Chicken (Half)</b>	<b>£9.95</b>	<b>Vegetable Paneer Sashlik</b>	<b>£10.95</b>
Cottage cheese blended with tandoori spices cooked in tandoori clay oven with peppers, tomatoes & onions			
<b>Chicken or Lamb Tikka</b>	<b>£9.95</b>	<b>Mixed Sashlick</b>	<b>£12.95</b>
Chicken & lamb			
<b>Chicken or Lamb Sashlik</b>	<b>£10.95</b>	<b>Tandoori Mixed Grill</b>	<b>£12.95</b>
Pieces of chicken tikka, lamb tikka, sheek kebab and tandoori chicken			
<b>Tandoori Lamb Chops</b>	<b>£12.95</b>		
<b>Salmon Tikka</b>	<b>£12.95</b>		
<b>Tandoori King Prawn</b>	<b>£12.95</b>		
<b>Tandoori King Prawn Sashlik</b>	<b>£14.95</b>		

Please notify staff of any allergies prior to ordering

# Bengal Tiger Specials

<b>Bengal Crab Delight</b>	<b>£14.95</b>
Crab cooked in our special gravy sauce with fresh garlic, onions, peppers and extra virgin olive oil	
<b>Chicken or Lamb Shatkhora</b>	<b>£14.95</b>
Medium spiced dish, cooked to a thick sauce with Bangladeshi citrus fruit garnished with fresh coriander	
<b>Lamb Shank</b>	<b>£16.95</b>
A classic dish with an Indian twist. Whole leg of lamb on the bone marinated in eleven different herbs and spices and served in a thick medium sauce	
<b>Chicken or Lamb Aloo Garlic Chilli</b>	<b>£14.95</b>
Chicken or lamb cooked with potatoes in a bhuna sauce with added garlic and chillies	
<b>Tiger Tandoori Masala</b>	<b>£14.95</b>
Half a tandoori chicken on the bone in a mild bhuna sauce	
<b>Tiger Delhi Chicken</b>	<b>£14.95</b>
Long slices of chicken tikka cooked in the chef's special thick gravy sauce	
<b>Jalapino Jalfrezi</b>	<b>£14.95</b>
Chicken or lamb cooked with sliced onions and peppers, green chillies and added jalapinos	
<b>Chicken or Lamb Naga</b>	<b>£14.95</b>
Chicken or Lamb cooked with the aromatic naga chilli native to bangladesh. Very hot	
<b>King Prawn Delight</b>	<b>£14.95</b>
King prawns cooked in a rich, mild creamy sauce	
<b>Bengal King Prawns</b>	<b>£14.95</b>
King prawns cooked in a rich sauce and garnished with lemon, cucumber and tomatoes	
<b>Bengal Fish Bahar</b>	<b>£14.95</b>
Medium spiced dish. Bangladeshi fresh water fish cooked using our chef's special recipe	
<b>Chicken Chilli Tikka Biryani</b>	<b>£14.95</b>
Chicken tikka biryani with added chillies. Served with vegetable curry and a paratha	

# Old Favourites

<b>Butter Chicken or Lamb</b>	<b>£11.95</b>
Chicken tikka cooked in medium spices, then topped with a rich sweet creamy butter sauce	
<b>Chicken or Lamb Tikka Masala</b>	<b>£11.95</b>
Chicken or lamb tikka simmered in a rich, thick, creamy sauce made with coconut and almonds	
<b>Tandoori King Prawn Masala</b>	<b>£14.95</b>
Tandoori king prawns simmered in a rich, thick, creamy sauce made with coconut and almonds	
<b>Mixed Vegetable Masala</b>	<b>£8.95</b>
Mixed vegetables simmered in a rich, thick, creamy sauce made with coconut and almonds	
<b>Chicken or Lamb Tikka Passanda</b>	<b>£11.95</b>
Chicken or lamb tikka cooked with coconut, sultanas and almonds in a creamy yoghurt sauce	
<b>Chicken or Lamb Tikka Rezala</b>	<b>£11.95</b>
Chicken or lamb tikka cooked with minced lamb in a medium spiced sauce	
<b>Chicken or Lamb Tikka Makhani</b>	<b>£11.95</b>
Chicken or lamb tikka in a sweetened rich sauce with almonds, coconut, butter & cream	
<b>Chicken Chilli Masala</b>	<b>£11.95</b>
Chicken cooked in a bhuna sauce with added fresh green chillies	
<b>Chicken or Lamb Tikka Dhansak</b>	<b>£9.95</b>
Hot, sweet and sour dish with lentils.	
<b>Chicken or Lamb Tikka Pathia</b>	<b>£9.95</b>
Hot, sweet and sour dish.	

Please ask for gluten free food if required

# Chef's Specials

<b>Murgh Masalam</b>	<b>£12.95</b>
Chargrilled chicken with minced lamb and a poached egg in a medium spiced sauce	
<b>Chicken Capasila</b>	<b>£11.95</b>
Chicken cooked in a thick creamy sauce with cashew nuts and garnished with capsicums	
<b>Manchurian Chicken</b>	<b>£11.95</b>
Sliced chicken tikka cooked in the chef's very own sweet and sour sauce	
<b>Modhu Chicken</b>	<b>£11.95</b>
Chicken cooked in a mild sauce with ground almonds and raisins, then lavished with honey	
<b>Chicken Mohaniwala</b>	<b>£11.95</b>
Chicken tikka in a mildly spiced sauce with cream cheese and spinach	
<b>Agrar Chicken</b>	<b>£12.95</b>
Chicken cooked in a medium spiced sauce with sliced onions, peppers and tomatoes and a dash of flaming sambuca	
<b>Vegetable Delhi</b>	<b>£10.95</b>
Mixed vegetables and mushrooms cooked in the chef's special thick gravy sauce	
<b>Panir Vegetable Jalfrezi</b>	<b>£10.95</b>
Indian cheese cooked with sliced onions and peppers and green chillies	

# Balti Dishes

Served with a nan bread, these dishes are richly spiced in a thick, slightly tangy sauce.

**Ask to add extra garlic or chillies**

<b>Balti Vegetables</b>	<b>£8.45</b>
<b>Balti Chicken or Lamb</b>	<b>£10.95</b>
<b>Balti Chicken or Lamb Tikka</b>	<b>£11.95</b>
<b>Balti Chicken or Lamb Tikka Jalfrezi</b>	<b>£11.95</b>
<b>Balti Prawn</b>	<b>£11.95</b>
<b>Balti King Prawn Jalfrezi</b>	<b>£14.95</b>
<b>Balti King Prawn</b>	<b>£14.95</b>
<b>Special Mix Balti</b>	<b>£12.95</b>
Chicken, lamb and prawn	

# Korai Dishes

The following dishes are cooked in medium spices with garlic and ginger, sliced onions and peppers in a thick dry sauce then served on a sizzling korai dish. **Ask to add extra garlic or chillies**

<b>Korai Vegetables</b>	<b>£7.45</b>
<b>Korai Chicken or Lamb Tikka</b>	<b>£9.95</b>
<b>Korai Prawn</b>	<b>£9.95</b>
<b>Korai King Prawn</b>	<b>£12.95</b>

# Biryani Dishes

Stir-fried dishes in a blend of spices & herbs with pilau rice. **Served with vegetable curry**

<b>Vegetable Biryani</b>	<b>£9.95</b>
<b>Chicken or Lamb Biryani</b>	<b>£11.95</b>
<b>Chicken or Lamb Tikka Biryani</b>	<b>£12.95</b>
<b>Prawn Biryani</b>	<b>£12.95</b>
<b>King Prawn Biryani</b>	<b>£14.95</b>
<b>Special Mix Biryani</b>	<b>£12.95</b>
<b>Chicken or Lamb Khyber Biryani</b>	<b>£12.95</b>

Our special unique style of biryani served with any side dish of your choice

We use vegetable oil